

## **MEDICINE BOARD [653]**

### **Notice of Intended Action**

Pursuant to the authority of Iowa Code section 147.76, the Board of Medicine hereby proposes to amend Chapter 13, "Standards of Practice and Principles of Medical Ethics," Licensure, " Iowa Administrative Code.

The purpose of Chapter 13 is to establish standards of practice and principles of medical ethics for administrative medicine physicians, medical physicians and surgeons, and osteopathic physicians and surgeons. The proposed amendments update the Board's recommended resources for physicians who treat chronic pain.

The Board approved this Notice of Intended Action during a regularly scheduled meeting on April 8, 2016.

Any interested person may present written comments on the proposed amendments not later than 4:30 p.m. on May 31, 2016. Such written materials should be sent to Mark Bowden, Executive Director, Board of Medicine, 400 S.W. Eighth Street, Suite C, Des Moines, Iowa 50309-4686; or sent by e-mail to [mark.bowden@iowa.gov](mailto:mark.bowden@iowa.gov)

There will be a public hearing on May 31, 2016, at 11:00 a.m. at the Board's office, 400 S.W. Eighth Street, Suite C, Des Moines, Iowa, at which time persons may present their views either orally or in writing.

After analysis and review of this rule making, no impact on jobs has been found.

These amendments are intended to implement Iowa Code chapters 147, 148 and 272C.

The following amendments are proposed.

ITEM 1. Amend subrule 653—13.2 (8) “e” (147,148) as follows:

*e.* ~~Interagency Guideline on Opioid Dosing for Chronic Non-cancer Pain~~ Prescribing Opioids for Pain. ~~In March 2007, the Washington State Agency Medical Directors’ Group published an educational pilot to improve care and safety of patients with chronic, noncancer pain who are treated with opioids. The guidelines include opioid dosing recommendations.~~ Developed by the Washington State Agency Medical Directors’ Group in collaboration with an expert advisory panel, actively practicing providers and public stakeholders, the guideline focuses on evidence-based treatment for chronic pain patients. The guideline was published in 2007 and updated in 2015.

ITEM 2. Adopt the following **new** lettered paragraph for subrule 653—13.2 (8) (147,148):

*h.* CDC Guideline for Prescribing Opioids for Chronic Pain. On March 15, 2016, the U.S. Centers for Disease Control and Prevention issued a guideline to provide recommendations for the prescribing of opioid pain medication for patients 18 and older in primary care settings. Recommendations focus on the use of opioids in treating chronic pain (pain lasting longer than 3 months or past the time of normal tissue healing) outside of active cancer treatment, palliative care, and end-of-life care.